

Potential participants may contact

FKSS: FASD
program coordinator
Cathy Gales
(905) 937-7731, extension 3535

Foster and Kinship Support Services



This Service is Provided by the Family
Counselling Centre

Fetal Alcohol Spectrum Disorder

Psycho-educational classes and
follow up support groups

What are Foster and Kinship Support Services?

- Support services provided through Family Counselling Centre for foster parents, adoptive and kinship caregivers involved with Family and Children's services Niagara
- A professionally trained and experienced therapist provides a ten session psycho-educational group on Fetal Alcohol Spectrum Disorder

- For those who complete the ten sessions, a monthly support group is available. This group will enable caregivers who have attended the psycho-educational support group to maintain and build on the information and skills they have developed in the first group.
- Caregivers may also access telephone support/consultation or workshops as offered.

Who is Eligible for FKSS?

- ✓ Kinship Caregivers
- ✓ Foster parents
- ✓ Adoptive parents

of children with Fetal Alcohol Spectrum Disorder

Participants may currently be providing care for a child with suspected or confirmed FASD, may have previously provided care or may have an interest in learning about the disorder in anticipation of providing care for someone with this disorder.