

## What is Partner Abuse?

Partner abuse may include any of the following:

- physical abuse
- verbal abuse
- emotional abuse
- sexual abuse
- financial abuse
- psychological abuse

It may include a series of behaviours that form a pattern of control.

It may include intimidation, humiliation, isolation and/or frightening victims.

It may include threats to harm an individual, children, other family members, pets and property.

It is used to make others feel powerless.

Partner abuse is a learned behavior in which one partner assumes a position of power and control over the other.

It affects all family members.

For more information contact:



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## Partner Assault Response Program

*A group for men who have been abusive to their partners.*

**Offered By:**



*Funded by the Ministry of the Attorney General*

## About The Partner Assault Response Program (PAR)

It is ideally suited to men who want to understand, take responsibility for and change their controlling, abusive attitudes and behaviours toward their partners.

The program provides a 16-week group counselling experience led by a male & female counselling team.

## Who is Eligible for the Program?

### Court Ordered Referrals

If you are required by the Court or Probation Services to attend a Partner Assault Response Program, immediately contact one of the PAR agencies to arrange for an interview. Failure to do so may result in a further charge.

### FACS Referrals

### Voluntary Referrals

## What to Expect?

Initially you will attend an interview to determine your suitability for the program.

## The Group Program:

The group provides men with the opportunity to:

- Learn about power, control and anger in relationships
- Understand the impact of abuse/violence on self, partners and children
- Explore beliefs that contribute to controlling and abusive attitudes and actions
- Make necessary attitude and behavior changes
- Accept responsibility for one's attitudes and actions
- Build empathy skills
- Learn healthy relationship skills
- Identify, understand and express feelings
- Develop a broader view of male and female roles
- Make connections between early learning and current behaviour

## Program requirements

You are to attend 16 weekly (two hour) sessions to be eligible to successfully complete the program.

## The Cost of the Program?

The Program is partially funded by the Ministry of the Attorney General, however participants are also required to contribute to the funding of this program. We offer a sliding fee schedule to accommodate all income levels. Your fee will be determined at the time of intake.

## How to Access the Program?

Contact either agency to determine the next available group. If your probation officer has forwarded materials on your behalf to activate the referral, the PAR agencies will assume responsibility for ensuring the information is forwarded to the correct PAR agency.

Remember however, it is your responsibility to follow through to ensure that you are in fact registered for the group program.

## Is Change Possible?

Yes, change is possible if the individual sincerely works to challenge and change abusive beliefs, attitudes and behaviors.

It requires hard work, ongoing commitment to change, and it takes time.

## Partner/Victim Services

The program also offers information and limited support to victims of domestic violence.

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